

Get Well - Stay Well

With Fiona Shakeela Burns

An evening talk at The [Pierian Centre Bristol](#) - 27 Portland Square, St Pauls, Bristol
BS2 8SA

**Thursday 29th September 2011
7.30pm – 9.30pm**

Shakeela recovered from 'terminal' cancer twice (Leukaemia as a child and Cervical cancer which had spread to ovaries and brain as an adult).

In both cases, she declined conventional medicine – turning instead to diet, vegetable juices, herbs and “Energy Psychology” treatments.

Now fit and healthy, her delight is to pass on to others some of the valuable information she has acquired.

Whether you are facing a health challenge or simply wish to remain well, this evening will inspire you!

Shakeela has worked in health all her working life; starting with being a nurse, then practicing as a Medical herbalist for the last 20 years. More recently, she has added EFT and PSYCH-K to her tool-kit due to the dramatic difference that these ‘Energy Psychology’ treatments made to her own recovery and wellbeing.



- **Shakeela shares her healing stories**
- **Learn about the specific healing strategies she employed**
- **Understand the importance of the mind for disease recovery (and the science behind it)**
- **Learn about the importance of detoxification for disease recovery**
- **Gain a resource list invaluable for healing**

You will leave knowing that that there is no such thing as an incurable disease!

**£12 / £10 in advance
(some free places available) – contact 0117 9046343 or info@natureworx.com to book**